

All of the following statements comparing fast and slow-twitch muscle fibers are true EXCEPT one. Which one is the EXCEPTION?

- fast-twitch fibers are about twice as large in diameter than slow-twitch muscle fibers
- slow-twitch fibers have a greater resistance to fatigue than fast-twitch muscle fibers
- the enzymes of oxidative phosphorylation are considerably more active in slow-twitch fibers than in fast-twitch fibers
- fast-twitch fibers contain more mitochondria and myoglobin than slow-twitch muscle fibers
- fast-twitch fibers can deliver extreme amounts of power for a few seconds to a minute versus slow-twitch fibers